

Information & Advice Services for Carers and Disabled people At a location near you - by appointment only!



Golf Links Community Centre Fleming Road, Southall UB1 3PE

First Wednesday of the Month

By Bus Take the E2/E7/E9/E10 from Ealing Broadway towards Southall. Change to bus E5 at Gurnell Leisure Centre (Stop RU) and get off at bus stop Golf Links Estate (Stop L) and it's a 1 minute walk from there.

By car Pay and Display in the area.



Southall Community Centre 20 Western Road, Southall UB2 5DS

Second Wednesday of the Month

By Bus Take the 120/195/482/H32 from Southall Broadway to King Street (Stop F) and it's a 3 minute walk from there.

By Train Take the Heathrow Connect or GWR to Southall and it's an 11 minute walk from there.

By car Pay and Display in the area



The Hoover Building (Tesco) Costa Coffee Cafe, Western Avenue, Perivale, UB6 8DW

Third Wednesday of the Month

By Bus The E5 from Greenford drops you right there or 297 from Ealing Broadway and it's a 7 minute walk from Teignmouth Gardens (Stop E).

By Tube It's a 7 minute walk from Perivale Underground station.

By car Free Parking in the Tesco car park.



William Hobbayne Centre St. Dunstan's Road (corner of Boston Road) Hanwell W7 2HB

Fourth Wednesday of the Month

By Bus Take the E8 from Ealing Broadway towards Brentford and it's a 3 minute walk from bus stop Royal Victoria Boston Road (Stop Z).

By Train It's a 14 minute walk from Hanwell train station or you can catch the E8 bus from there.

By car Pay and Display in the area.

To book an appointment, please phone **020 8840 1566**